Mentor-Mentee Programme (Sep 2022 onwards) by IOAC

To ensure a continuous and systematic mentoring of students for academic, social, personal and career related guidance, Victoria Institution College has instituted a special Mentor-Mentee programme from 6th September 2022, to be conducted on a regular basis for all the semesters. A separate committee, supervised by the IQAC is in charge of scheduling and formulating the basics of the mentoring sessions. All the faculty members have been engaged in this mentoring process. Every Mentor is assigned with a group comprising of 30-35 students (from the same department).

The main objective of the program is to promote the Psycho-social well-being of the students help them maintain a balance between their physical and emotional health, encourage and update them about academic and extracurricular activities to enable them to tackle challenges in the academic field and beyond. The programme also aims to identify problems (if any), and as per situation contact guardians, even consult the college psychologist in special cases to take necessary actions.

So far 5 mentoring sessions have been conducted, during which the mentors have tried to record and assess the background, potentials, skills, weaknesses, social and personal experiences of their mentees through one to one interaction as well as group discussions. Feedbacks received from the Mentors are also quite favourable, as some of the students have voluntarily opened up to their respective Mentors and shared their personal problems, seeking advice. Besides, some of the Mentors have been able to identify special skills and hidden talents of their mentees. The rapport established between the Mentors and the Mentees, resulting from these sessions is also quite commendable.

After completion of each session the Committee in charge is to submit a brief report to IQAC to suggest necessary actions.

Date	Duration	Semester
06.09.2022	1 hr	III (H+G)
23.09.2022	1 hr	V (H+G)
06.12.2022	1 hr	I (H+G)
09.12.2022	1 hr	V (H+G)
20.12.2022	1 hr	III (H+G)
02.05.2023	1 hr	IV (H+G)
12.05.2023	1 hr	VI (H+G)

Schedule of Mentor-Mentee Programme- July 2022 - June 2023